



A book by women, for women.

First Name:

Year of Birth:

Nationality (& family origin):

Marital Status:

Brief history of marital status:

Children:

What is your definition of 'love'?

What do you wish your mother or grandmother told you about love?

What woman in your life has influenced your path through life the most?

What do you wish someone had shared with you about how to live your life to the fullest?

What is your biggest regret?

What is your biggest joy?

Where has your life lead you that you wish it hadn't?

What path are you still on that you wish you could change?

When did you figure out how life and love works?

Is there a moment in time you remember things just clicking for you?

Who has been the biggest influence in your life on your view of sex and sexuality?

How has religion or spirituality affected your view of sex and sexuality inside and outside marriage?

How has the culture/time you were raised in affected your view of sex and sexuality?

How has religion or spirituality affected your marital status decision making?

When/how did you make the decision you wanted to be:

- a. Single?
- b. Divorced?
- c. Married?

What do you regret most about being:

- a. Single?
- b. Divorced?
- c. Married?



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What makes you happy about being:

- d. Single?
- e. Divorced?
- f. Married?

What if someone could tell you one thing that could have changed your life for the better, what would that have been?

If you are/were married,

1. what were some of the challenges of staying with that person?
2. what did you learn about yourself?
3. what did you learn about that person?

If you are divorced,

1. what did you learn about yourself during the divorce?
2. what did you learn about your spouse during the divorce?
3. what did you learn about yourself after the divorce?

Have you ever been cheated on? (Explain)

Have you ever cheated? (Explain)

How do you feel that your parents had influence on your decision to be:

- a. Single?
- b. Divorced?
- c. Married?

How do you feel that society influenced your marital status?

How would you change things if you could do your life differently?

What have you learned about yourself by being:

- a. Single?
- b. Divorced?
- c. Married?

If you have been married for more than 20 years, what is your secret to making love last?



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If you have been never been married and are over the age of 35, are you happy about this?

- a. If so, why?
- b. If not, why not?
- c. What influenced this decision?

If you are or have been married, how did you know that 'he' was the one?

What are good places to find a mate (and why)?

If you are married, what are some ways that you are able to maintain your own identity?

Do you have someone in your past that you would consider "the one that got away"?

- a. If so, what happened?
- b. Why do you feel that way?

What other insight or stories can you give regarding love, life and your happiness (or lack thereof):